

## UW Dept. of Asian Languages & Literature

## INSTRUCTOR

Prem Pahlajrai Gowen Hall 231 prem@uw.edu

## SLN 10531

5 Credits VLPA, Optional W No prerequisites Graduate Credit possible

Class meets Spring 2016 Mondays & Wednesdays 1:30-3:20pm Savery 130

## MW 1:30-3:20, 5 credits

- What is the meaning of life?
- What is enlightenment, and how does one achieve it?
- How and when did Indian Philosophy begin?
- What are the Vedas and the Upanishads concerned with?
- What is Yoga really about?

This course will discuss these questions and more, in the context of Hindu Indian Philosophy, through a close reading of select excerpts from the Vedas, the principal Upanishads, the Yoga Sutras, the Mahabharata and the Bhagavad Gita.

All texts will be read in English translations, no knowledge of Sanskrit or other Indian languages is required.

